

North 2A and 5A North Regional Meet

April 24, 2024

Field Events & 5A 3200m Run

Shot/Discus Weigh-in: 9:00 AM-10:00 AM on the infield

Starting heights:

High jump: Girls 4'0, Boys 5'4

Pole vault: Girls 7'0, Boys 8'0

CLASS 2A	GIRLS	SHOT PUT	10:00 AM
CLASS 2A	GIRLS	LONG JUMP	1:45 PM
CLASS 2A	GIRLS	DISCUS	11:30 AM
CLASS 2A	GIRLS	HIGH JUMP	1:00 PM
CLASS 2A	GIRLS	TRIPLE JUMP	12:15 PM
CLASS 2A	GIRLS	POLE VAULT	10:45 AM
CLASS 2A	BOYS	SHOT PUT	1:45 PM
CLASS 2A	BOYS	LONG JUMP	11:30 AM
CLASS 2A	BOYS	DISCUS	10:00 AM
CLASS 2A	BOYS	HIGH JUMP	10:45 AM
CLASS 2A	BOYS	TRIPLE JUMP	1:00 PM
CLASS 2A	BOYS	POLE VAULT	12:15 PM
CLASS 5A	GIRLS	SHOT PUT	11:30 AM
CLASS 5A	GIRLS	LONG JUMP	12:15 PM
CLASS 5A	GIRLS	DISCUS	1:00 PM
CLASS 5A	GIRLS	HIGH JUMP	10:00 AM
CLASS 5A	GIRLS	TRIPLE JUMP	10:45 AM
CLASS 5A	GIRLS	POLE VAULT	1:45 PM
CLASS 5A	BOYS	SHOT PUT	12:15 PM

CLASS 5A	BOYS	LONG JUMP	10:00 AM
CLASS 5A	BOYS	DISCUS	10:45 AM
CLASS 5A	BOYS	HIGH JUMP	1:45 PM
CLASS 5A	BOYS	TRIPLE JUMP	11:30 AM
CLASS 5A	BOYS	POLE VAULT	1:00 PM
CLASS 5A	GIRLS	3200 m RUN	2:30 PM
CLASS 5A	BOYS	3200 m RUN	2:50 PM

North 2A and 5A North Regional Meet
April 27, 2024
TRACK EVENTS

10:15 PRAYER & NATIONAL ANTHEM
10:20 2A Girls 300m Hurdles
10:25 5A Girls 300m Hurdles
10:27 2A Boys 300m Hurdles
10:32 5A Boys 300m Hurdles
10:37 2A Girls 800m Relay
10:40 5A Girls 800m Relay
10:43 2A Boys 800m Relay
10:46 5A Boys 800m Relay
10:51 2A Girls 3200m Relay
11:06 5A Girls 3200m Relay
11:21 2A Boys 3200m Relay
11:36 5A Boys 3200m Relay
11:51 2A Girls 400m Relay
11:54 5A Girls 400m Relay
11:57 2A Boys 400m Relay
12:00 5A Boys 400m Relay
12:07 2A Girls 100m Hurdles
12:12 5A Girls 100m Hurdles
12:17 2A Boys 110m Hurdles
12:22 5A Boys 110m Hurdles
12:27 2A Girls 100m Dash
12:32 5A Girls 100m Dash
12:34 2A Boys 100m Dash
12:39 5A Boys 100m Dash
12:41 2A Girls 1600m Run
12:51 5A Girls 1600m Run
1:01 2A Boys 1600m Run
1:11 5A Boys 1600 m Run
1:21 2A Girls 400 m Dash
1:26 5A Girls 400m Dash

1:29 2A Boys 400m Dash
1:34 5A Boys 400m Dash
1:37 2A Girls 800m Run
1:42 5A Girls 800m Run
1:47 2A Boys 800m Run
1:52 5A Boys 800m Run
1:58 2A Girls 200m Dash
2:03 5A Girls 200m Dash
2:06 2A Boys 200m Dash
2:11 5A Boys 200m Dash
2:14 2A Girls 3200m Run
2:29 2A Boys 3200m Run
2:44 2A Girls 1600m Relay
2:49 5A Girls 1600m Relay
2:54 2A Boys 1600m Relay
2:59 5A Boys 1600m Relay